



SOUTHWEST REHABILITATION

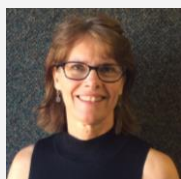
Upcoming Events:

Didgeridoo Club

October 11, 2018
October 23, 2018
November 8, 2018
November 27, 2018
4:00-4:30 PM

Stroke Club

October 18, 2018
November 15, 2018
3:30-4:00 PM



Melody Sheldon, MA, CCC-SLP



Ashlev Davis, MS, CCC-SLP



Makenzie Laase, MA, CCC-SLP



Lauren Hancher, MA, CF-SLP

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October 1, 2018



Fall Newsletter:

What is Teletherapy and Who Might Benefit From it?



Teletherapy is a mode of communication that allows speech pathologists, amongst other medical professionals, to provide speech therapy at a distance with use of technology. It allows the clinician and patient to interact across distance to provide intervention within the patient's surroundings (i.e. homes, child care centers, etc.) without having to transport to and from the clinic setting.

Benefits to engaging in this mode of rehabilitation include a flexible schedule, the elimination of travel time, and reduced conflicts with transportation. Research conducted by Janice Tucker, SLP-D, revealed that for some [students], progress would not have been made without access to teletherapy. Speech therapists are using teletherapy to provide a patient-centered approach from the comforts of the patients' own home, to promote and facilitate treatment, and ensure patients are receiving the services they need.

"Teletherapy worked for me!" stated Tom, who lives in Port Orford and travels out of town for work. "My stuttering came back with a vengeance and I just needed to get it under control."

If you have patients that may benefit from teletherapy, we offer these services via Skype® and/or FaceTime® for those who are unable to easily transport to and from our clinic. For more information please call our office at 541-267-5221!

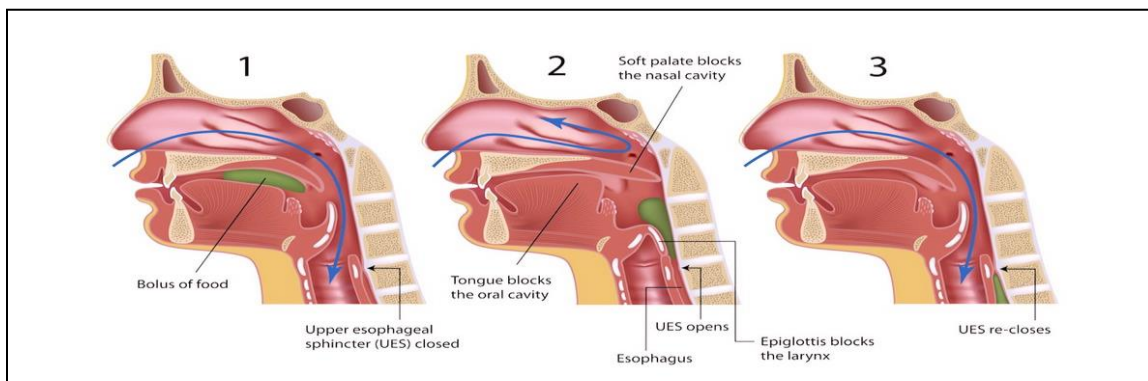
Written by Makenzie Laase, MA, CCC-SLP

How Can an SLP Help Manage Symptoms of Esophageal Dysphagia?

The SLP plays a primary role in addressing all aspects of the patient's dysphagia. A basic understanding of the relationship between oropharyngeal and esophageal swallowing allows the clinician to provide optimal services.

Many patients with esophageal dysfunction will likely experience co-existing oral-pharyngeal dysphagia (and vice-versa). Deficits within one body system often create a risk of impacting another body system. If the entire system is not considered, safety, nutrition, health and hydration are at risk of compromise, as these risks are interwoven in all three phases and cannot easily be separated. So, how can we as speech-language pathologists help those with esophageal dysphagia?

1. Provide recommendations that address the patient's entire problem.
2. Provide patient-specific recommendations regarding diet-level, positioning and feeding techniques, as well as foods to avoid to the Nursing staff and Dietary departments.
3. Provide the physician with a detailed description of the patient's symptoms, onset, progression and tolerances in order for the physician to better able to make a diagnosis or determine the most appropriate diagnostic procedure, and provide at least palliative treatment.
4. Counsel the patient and family about his or her problem and treatment options.



Written by: Ashley Davis, MS, CCC-SLP



Meet Our New Speech Therapist:

Lauren Hancher, MA, CF-SLP is a graduate from Ohio University with a master's degree in Speech-Language Pathology. Lauren loves the outdoors and is excited to explore all that the Pacific Northwest has to offer. She enjoys biking, hiking, and going to the beach. Her professional interests include working with both adult and pediatric populations. We are excited to welcome Lauren to our community/rehabilitation team!

